

Vicker's Personal Care Project Executive Summary

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Project Executive Summary Item 1: Realized Project Summary & Benefit

The Bully Squad is an ambitious group of students who has partnered with Vicker's Personal Care for our Day One project. While at Vicker's, we enjoy spending time with each individual resident and getting to know them through creative activities that make it easier for us to connect with them. Some of the activities that the residents enjoy the most include listening to music from when they were younger and coloring in coloring books. Our main goal at the beginning of the semester was to entertain and interact with residents while making them feel young again.

To further our impact on Vicker's Personal Care before the project showcase, we decided that we would like to conduct an event where the residents can experience a Mississippi State University tailgate without leaving the comfort and safety of their resident home. The activities at the tailgate would be complete with cowbell painting, delicious finger foods, and decorations for the residents to enjoy. We chose to do this project because most of the residents have been so far removed from enjoying social gatherings and we thought that the best way to brighten their spirits would be to let them relive their past experiences. This benefited the residents of Vicker's because they will be able to socialize and have fun like they used to.

Project Executive Summary Item 2: Leadership Lessons Learned

One of the greatest challenges that our team faced was trying not to overstep our boundaries with the Vicker's employees while still trying to contribute to a joyful atmosphere. The way that we were able to overcome this challenge was by being courteous to the workers of Vicker's Personal Care and asking their permission before assuming our duties. Another challenge that we overcame was assisting the residents while also being respectful of their wisdom and realizing that they have a lot more experience than we do. This potential problem was resolved by asking the residents for permission to do something instead of telling them that we were about to do something.

The main leadership lessons that we learned during this experience were to be assertive and always be ourselves regardless of the situation. Moreover, we learned skills that will be great attributes to our future leadership roles. Some examples would include the ability to take charge in challenging situations, the ambition to be creative when working with people of all ages, the listening skills that are necessary to connect with others, and the ability to be an effective mediator in stressful situations. In conclusion, we went into this program and class with leadership potential, but through hard work and hands-on experiences, we were able to enhance our abilities and grow while improving and getting involved with our community.